

GENERAL INFORMATION

The Skating Club of the Adirondacks (SCA) is pleased to announce its 2010 Summer Skate With Us Program.

We will run five weeks starting Mondays and Thursdays, from July 12, 2010 through August 9, 2010. This program will be held at the Ameri-Can Ice Arena on Sharron Avenue in Plattsburgh, New York

Advance registration is appreciated. Payment is required at the time you pre-register and must be paid in full by the first day of skating for each session. Please do not send cash in the mail. We appreciate your cooperation in this matter.

If you have any questions, please do not hesitate to contact Martha Breyette, Skate with Us Membership Coordinator at 518.293.8214 or via email at breyetm@hughes.net.

Thank you,
Skating Club of the Adirondacks Board

IMPORTANT

- All ice times are subject to change. We will attempt to provide as much notice as possible if a change is unavoidable.
- We have a facebook page (search "Skating Club of the Adirondacks") for updated schedule information, plus we email to all our registered members any program updates or changes
- The club reserves the right to cancel ice sessions if there is not enough participation.

Program Options

SnowPlow Sam 1 - 3 - For Pre-school age children (your child will be put in groups according to age) - 30 minutes of lessons & 15 minute of free-skate

Basic 1 - 3 (your child will be put in groups according to age and ability) - 30 minutes of lessons & 15 minute of free-skate

Basic 4 - 8 (your child will be put in groups according to age and ability) - 15 minutes power stroking, 30 minutes of lessons & 15 minutes of free-skate

Adult Learn to Skate - 30 minutes of lessons and 15 minutes of free-skate and 15 minutes power stroking.

FreeStyle - 15 minutes power stroking, 30 minutes of lessons and 15 minutes of free-skate.

SKATING TIMES and SCHEDULED DATES

Mondays and Thursdays

Snowplow Sam thru Basic 3 6:15 to 7:00

Basic 4 thru 8, Freestyle, and Adult 6:45 to 7:30, Power stroking 7:30 to 7:45

PRE-REGISTRATION:

**1. COMPLETE THIS FORM AND MAIL TO: SCA,
PO BOX 2736, PLATTSBURGH, NEW YORK
12901, or**

**2. SATURDAY, JULY 10 8:30AM TO 9:30AM AT
THE AMERI-CAN ICE ARENA, or**

**3. SUNDAY, JULY 11 8:30AM TO 9:30AM AT
THE AMERI-CAN ICE ARENA**

Registration Form

Name of Skater _____

D.O.B. _____ Age _____

Address _____

Phone _____

E-mail _____

Current Basic Skill Level (put unknown if you are not sure or you are a new skater)

Home Club _____

USFSA Membership \$10.00

SCA Dues (annual) \$10.00

(both memberships expire June 30, 2011)

	Program Cost	
	1 day	Both days
Snowplow Sam to Basic 3	\$85	\$130
Basic 4 to Basic 8	\$90	\$135
Adult	\$90	\$135
Freestyle (must have passed Basic 8)	\$90	\$135

Total Due _____

Below is for use of the Club

Check Number/Cash _____

Date Received _____

Please return your completed registration form and check (payable to SCA) to:

SCA
P.O. Box 2736
Plattsburgh, NY 12901

**SCA EMERGENCY MEDICAL
TREATMENT RELEASE FORM**

I, (Parent/Guardian),

(print name)

authorize any physician or a member of the medical staff of any hospital or health care facility, along with any trained EMT, to render medical treatment which, in his/her judgement, may be necessary for

(print skater's name).

I understand and acknowledge that neither SCA nor anyone associated with the club/arena will assume responsibility for accidents and medical or dental expenses incurred as a result of participation in this program.

Signature of Parent/Guardian

Insurance Company _____

Group # _____ Policy # _____

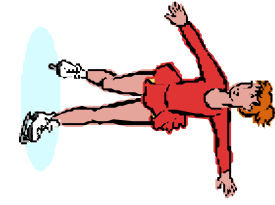
Family Physician _____

Physician Phone # _____

Any known medical conditions or allergies and medications:

**PARENTS/GUARDIANS ARE
RESPONSIBLE FOR ALL MEDICAL
EXPENSES**

Skating Club of the Adirondacks
P.O. Box 2736
Plattsburgh, NY 12901



Skating Club of the Adirondacks

**Skate with Us
2010 Summer Schedule**